MAES EBBW







Chartwells So much more than fantastic food



FRIDAY

Cheesy tomato pizza slice

Hot Main Dish

Veggie Bolognese 🔾 🤲 🧡

sausages served with mash Traditional Pork or Chicken potatoes and rich gravy

Succulent roast turkey with fluffy

Roast Potatoes and Gravy

Roast Turkey with (H)

roast potatoes and tasty gravy

Served with Wholegrain Pasta

Tomato Sauce, Halal BBQ

Golden Fish Fingers and Chips

and scrummy chips Crispy fish fingers Beef Meatballs in

Chicken Meatballs (H)

Pork Sausages (H)

served with Potato Wedges The Incredible Burger W

Succulent Quorn roast served with fluffy roasties and rich gravy Quorn Roast with roast potatoes and Gravy

Served with wholegrain rice

And Potato Curry

Crispy Quorn nuggets served with

Quorn Dippers and Chips

chips and their fave sauce -

ketchup

Mild Chickpea 🧇 🕸 🔾

Including lettuce, cucumber, A Selection of Fresh Salads tomato, grated carrot

Including lettuce, cucumber, A Selection of Fresh Salads

tomato, grated carrot

Jacket Potato

Tuna , Cheese or Baked Beans With a choice of fillings

> Including lettuce, cucumber, A Selection of Fresh Salads tomato, grated carrot

> > Including lettuce, cucumber, A Selection of Fresh Salads

tomato, grated carrot

Jacket Potato

With a choice of fillings **Jacket Potato**

Tuna , Cheese or Baked Beans

tomato sauce with penne pasta A delicious fresh, homemade Tomato Pasta 🔾 🗱

Green Beans and Sweetcorn

Fruity Chocolate Brownie

tomato sauce with penne pasta A delicious fresh, homemade Tuna , Cheese or Baked Beans With a choice of fillings Tomato Pasta 3

Baked Beans and Peas











TUESDAY

WEDNESDAY

THURSDAY

Served with Potato wedges Cheese and Tomato Pizza 🕔 🕪

tomato sauce served with Penne pasta in a yummy wholemeal pasta

Dish

Alternative

With a choice of fillings tomato, grated carrot Jacket Potato

SPRING/SUMMER 2022

Salad Bar

Including lettuce, cucumber, A Selection of Fresh Salads

Tuna , Cheese or Baked Beans

Tuna, Cheese or Baked Beans

With a choice of fillings

Jacket Potato

Jacket Potato

Tomato Pasta 🔾 🗱

Salad Bar

tomato sauce with penne pasta A delicious fresh, homemade

> tomato sauce with penne pasta A delicious fresh, homemade

tomato sauce with penne pasta

A delicious fresh, homemade

Tomato Pasta 🔘 🗱

Tomato Pasta 🔇 💖

Sweetcorn and Peas Flapjack C

Desserts

Vegetables

with Fruit Slices

WITH VEG STICKS AND FRESH FRUIT OR HAM, CHEESE OR TUNA SANDWICH PACKED LUNCH - AVAILABLE DAILY DESSERT OF THE DAY

Peas and Broccoli

Carrots and Cabbage

Orange Shortbread 🧡 💍 with Fruit Slice

Crunchy Chocolate Biscuit

AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD

YOGHURT & FRESH FRUIT





(H) Halal Option Available







WEEK 2

MAES EBBW

MONDAY





Served with Potato wedges Cheesy tomato pizza slice **Cheese and Tomato Pizza**

Hot Main Dish





tomato sauce served with Penne pasta in a yummy Veggie Bolognese wholemeal pasta

Dish

Alternative

Including lettuce, cucumber, A Selection of Fresh Salads tomato, grated carrot

> Including lettuce, cucumber, A Selection of Fresh Salads

Including lettuce, cucumber, A Selection of Fresh Salads

Including lettuce, cucumber,

tomato, grated carrot

A Selection of Fresh Salads

tomato, grated carrot

tomato, grated carrot

SPRING/SUMMER 2022

Salad Bar

Tuna , Cheese or Baked Beans With a choice of fillings Jacket Potato

Tuna , Cheese or Baked Beans

Tuna , Cheese or Baked Beans

Tuna , Cheese or Baked Beans

With a choice of fillings

Jacket Potato

With a choice of fillings

Jacket Potato

With a choice of fillings

Jacket Potato

Jacket Potato



3

tomato sauce with penne pasta A delicious fresh, homemade

tomato sauce with penne pasta

tomato sauce with penne pasta

tomato sauce with penne pasta

A delicious fresh, homemade

Tomato Pasta

Green Beans and Sweetcorn

Carrots and Cabbage

A delicious fresh, homemade

Tomato Pasta

Sweetcorn and Broccoli

A delicious fresh, homemade

Tomato Pasta

3

Salad Bar



with Fruit Slices Oatie Biscuit 🦇 🂍

Crumble with Custard Pineapple and Peach 🍪 💍

Desserts

Vegetables

HAM, CHEESE OR TUNA SANDWICH WITH VEG STICKS AND FRESH FRUIT OR PACKED LUNCH - AVAILABLE DAILY DESSERT OF THE DAY



TUESDAY

WEDNESDAY

Pork Sausages (H)

sausages served with mash Traditional Pork or Chicken potatoes and rich gravy

rich tomato sauce with wholemeal Herby vegetarian ball served in a **Veggie Balls in Tomato Sauce**





and rich gravy



Succulent Quorn roast served with Yorkshire Pudding and Gravy Quorn Roast Served with creamy mash potatoes



Succulent roast beef with creamy

and Gravy

with Yorkshire Pudding

Roast Beef (H)

mash potatoes and tasty gravy



Served with wholegrain rice **And Potato Curry** Mild Chickpea



FRIDAY

Chartwells so much more than fantastic food

served with ketchup in a soft rol Our favourite veggie hotdog Quorn Hot Dog

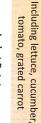


Golden Fish Fingers and Chips and scrummy chips Crispy fish fingers



Quorn Pattie in a Soft Bun Topped with BBQ Sauce

BBQ Veggie Burger



A Selection of Fresh Salads

Tuna , Cheese or Baked Beans With a choice of fillings **Jacket Potato**

A delicious fresh, homemade **Tomato Pasta**

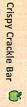
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tomato sauce with penne pasta

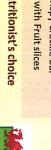
Baked Beans and Peas



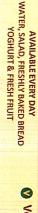


















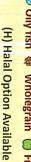


Lemon Drizzle Cake











Chocolate Slice







