

TWO

WEEK MENU

MAES EBBW Spring / Summer 2023

OUR NEW MENU
CHOSEN BY
PARENTS AND
CHILDREN

YOUR
FAVOURITES
AVAILABLE
EVERY DAY



 **Chartwells**
So much more than fantastic food

WEEK 1 MENU

MAES EBBW



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hot Main Dish

Cheese & Tomato Pizza
Served with Potato Wedges

Pork Sausages (H)
Pork or Halal Chicken sausages served with mashed potatoes & Gravy

Roast Turkey (H)
Served with Roast Potatoes and Gravy

Beef Pasta Bolognese (H)
Served with Wholemeal Pasta and Garlic and Herb Bread

Breaded Fish Fingers
Served with chips

Alternative Dish

Vegetable Pesto Pasta Bake
With Garlic and Herb Bread

Macaroni Cheese
Macaroni Pasta in a Cheese Sauce

Sweet Potato & Cauliflower Roast
Served with Roast Potatoes & Gravy

Tomato Vegetable Burger & Wedges

Vegetarian Dippers
Served with Chips

Jacket Potato

Jacket Potato
with a choice of Fillings

Jacket Potato
With a Choice of Fillings, including Salmon Mayo

Jacket Potato
With a Choice of Fillings

Jacket Potato
with a Choice of Fillings

Jacket Potato
with a Choice of Fillings

Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta

Vegetables

Golden Sweetcorn & Cucumber Sticks

Carrots & Peas

Carrots and Cabbage

Broccoli & Sweetcorn

Baked Beans & Peas

Desserts

Vanilla Ice Cream

Hot Chocolate Sponge with Chocolate Custard

Strawberry Jelly with Fruit

Lemon Slice with Fruit

Chocolate Ice Cream

Freshly Baked Bread, Salad, Water, Yoghurt & Fruit available daily

Internal

Vegetarian
 Oily fish
 Wholegrain
 Fruity!
 Nutritionist's Choice

(H) Halal Option Available

2023/2024

WEEK 2
MENU

MAES EBBW



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hot Main Dish

Cheese & Tomato Pizza
Served with Potato
Wedges



Chicken Korma (H)
Served with Wholegrain
Rice and Garlic and Herb
Bread



Roast Gammon/ Roast
Chicken (H)
Served with Roast
Potatoes and Gravy

Cottage Pie (H)



Breaded Fish Fingers
Served with Chips



Alternative Dish

Vegetarian Bolognese
Served with Garlic and
Herb Bread



Tomato Vegetable Burger
Served with Wholegrain
Rice and Garlic and Herb
Bread



Quorn Roast
Sweet Potato and
Chicken Curry
~~Served with wholegrain~~
DINNER



SD Incredible Burger
93170473
with Chips
93040525



Vegetarian Dippers
served with Chips



Jacket Potato

Jacket Potato
With a Choice of Fillings



Jacket Potato
With a Choice of Fillings,
including Salmon Mayo



Jacket Potato
With A Choice of Fillings



Jacket Potato
With a Choice of Fillings



Jacket Potato
With a Choice Of Fillings



Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta



Vegetables

Baked Beans & Cucumber
Sticks

Sweetcorn & Peas

Carrots and Broccoli

Carrots & Sweetcorn

Baked Beans & Peas

Desserts

Oat Chocolate Cookie
with Fruit

Orange Jelly

Crunchy Chocolate Biscuit

Banana and Apricot
Flapjack with Fruit

Strawberry Ice Cream

Freshly Baked Bread, Salad, Water, Yoghurt & Fruit
available daily

nutritional

Vegetarian Halal Fish Wholegrain Fruity Nutritionist's Choice

(H) Halal Option Available

2023/2024

